

Colon Hydrotherapy Health History

First Name: _____ First Name: _____

Reason for Visit: _____ Date: _____

**Please indicate if you are having any current problems signs or symptoms:
Please put an X beside that is currently a problem. Put P beside a past problem:**

Alcoholism	_____	Immunosuppressant	_____
Arthritis	_____	Infectious Diseases	_____
Blood Clots	_____	Ulcers	_____
Bursitis	_____	Migraine Headaches	_____
Cancer	_____	Muscle Pains	_____
Circulatory Problems	_____	Pregnant	_____
Diabetes	_____	Parasites	_____
Digestive Problems	_____	Recurrent Infections	_____
Drug Addiction	_____	Respiratory Problems	_____
Do you smoke	_____	Skin Problems	_____
Do you drink alcohol	_____	Spinal Injuries	_____
Contact lenses wear	_____	Sinus problems	_____
Epilepsy	_____	Tuberculosis	_____
Joint Pain	_____	Tumors	_____

GENERAL: Height _____ Weight _____ High blood pressure? Yes _____ No _____

Please list any medications that you are currently taking: _____

Please list any supplements that you are currently taking: _____

List of all surgeries within the last 5 years _____

Do you have any allergies? (Include foods & medications): _____

Exercise (type and frequency) _____

Please list any information about your health in which you feel we should know: _____

I, _____, hereby **authorize / consent to allow Certified Practitioners** of Alist Wellness Center LLC, to perform alternative therapies. The therapies offered to me are Colon Hydrotherapy. Colon Hydrotherapy is not intended to replace the relationship with your primary health care providers and my consultation is not intended as a Colon Hydrotherapist is not medical advice. They are intended as a sharing of knowledge and information from my education, research, training, and experience. As a Colon Hydrotherapist, I encourage you to be open to new information on the effectiveness of Colon Hydrotherapy and the fundamental role of diet, exercise, supplementation, stress management and emotional and mental work. I encourage you to make your own health decisions based upon your research and in partnership with your primary health care providers, ND, MD or otherwise.

Client Signature: _____ Date: _____

Please follow the instructions of the Therapist. You must be draped/covered at all times

ALIST WELLNESS CENTER LLC

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CLIENT REGISTRATION INFORMATION

In order to serve you properly, we will need the following information. (Please print)

Last name: _____ First name: _____ MI _____ M / F _____ Date Birth: _____

Address: _____ City: _____ State: _____ Zip _____

Home phone: _____ Cell phone: _____ Email: _____

Employer _____ Your occupation: _____ Work phone: _____

EMERGENCY CONTACT INFORMATION

Name of person: _____ Relationship _____ Cell Phone: _____

Address: _____ City: _____ Zip: _____

CLIENT REFERRAL INFORMATION

Referred by: _____ If referred by a friend, may we thank her or him? Yes _____ No _____

Doctor _____ Referral _____ Website _____ TV _____ Google _____ Yahoo _____ Other _____ FB _____

Doctor's Name: _____ Phone: _____

Cancellation Policy: Cancellations or changes to scheduled appointments must be made 24 hours in advances of the scheduled appointment. Otherwise, you will be billed for the cost of service as a cancellation charge. Any check returned for insufficient funds will be subject to a \$35.00 processing fee.

If you calling after business hours, please leave a message on our voicemail indicating your appointment cancellation. The same charge applies for missing appointment

Name: _____ Signature: _____ Date: _____

ALIST WELLNESS CENTER LLC

ADDITIONAL HEALTH HISTORY FOR COLON HYDROTHERAPY

A contraindication is any indication or symptom that makes it inadvisable to use a particular therapy.

How often do you have BM? 1 x a day____ 2 x a day____ 2-3 x a day____ every other day____ 1 x a week____ 2 or 2 x a week____

Do you use a laxative? _____ Herbal laxative_____ Stool softener_____ Suppositories_____ Enemas _____ other_____

THE FOLLOWING ARE CONTRAINDICATIONS FOR COLON HYDROTHERAPY:

If any of these apply to you, we are not able to treat you with colon hydrotherapy at the present time.

- | | | | |
|------------------------|-------|--------------------------------|-------|
| Abdominal Hernia | _____ | Diverticulosis/ Diverticulitis | _____ |
| Abdominal Surgery | _____ | Dialysis Patients | _____ |
| Abdominal Distention | _____ | Fissures & fistulas | _____ |
| Acute Liver Failure | _____ | Hemorrhaging | _____ |
| Anemia | _____ | Hemorrhoidectomy | _____ |
| Aneurysm All Types | _____ | GI hemorrhage / perforations | _____ |
| Carcinoma of the Colon | _____ | Lupus | _____ |
| Cardiac disease | _____ | Advanced pregnancy | _____ |
| Cirrhosis | _____ | Rectal/Colon Surgery | _____ |
| Colitis | _____ | Renal Insufficiency | _____ |
- Are you currently taking any medication's, which may weaken the intestinal walls? Yes____ No _____

PLEASE SIGN CONFIRMING DO NOT HAVE ANY OF THE ABOVE CONTRAINDICATIONS:

Name: _____ SIGNATURE: _____ DATE: _____

- | | | | |
|------------------------|--------------------|------------------------|--------------------|
| BM painful / difficult | Yes _____ No _____ | Bladder infection | Yes _____ No _____ |
| Blood in stool | yes _____ No _____ | Burning / Itching Anus | Yes _____ No _____ |
| Infections disease | Yes _____ No _____ | Hemorrhoids | Yes _____ No _____ |
| Recent barium enema | Yes _____ No _____ | Recent colonoscopy | Yes _____ No _____ |

Have you ever had rectal bleeding, if yes, when? _____

Are you under a MD or ND's Care? If yes, please explain: _____

I have never been diagnosed with any contraindications for colon irrigation. I am aware that colon irrigation and enema device user facilities are not physicians and therefore do not insert, diagnose or prescribe. I am aware adverse events such as perforation, injury and illness have alleged and claimed with the use of colon irrigation and enema devices. I am responsible for any own self-insertion, if I experience resistance during the insertion, I will immediately stop my session. If during the session I experience discomfort or pain, I am responsible for immediately stopping my session. This facility does not claim to cure or treat any condition or disease. I acknowledge that the information and service provided is not used to prescribe, recommend, diagnose or treat a health problem or disease. It is not a substitute for medical care. I further acknowledge that alternative methods of available treatment were discussed with me, and that I was given adequate opportunity to ask questions pertaining to this procedure and the alternative methods. I agree to hold harmless any and all personnel of the Alist Wellness Center LLC from any present or future liability arising from any of these procedures.

Client Signature: _____ Date: _____

Therapist Signature: _____ Date: _____

(For clients 18 or under, the signature & attendance of the parent or guardian for insertion is required.)

Please follow the instructions of the Therapist. You must be draped/covered at all times.